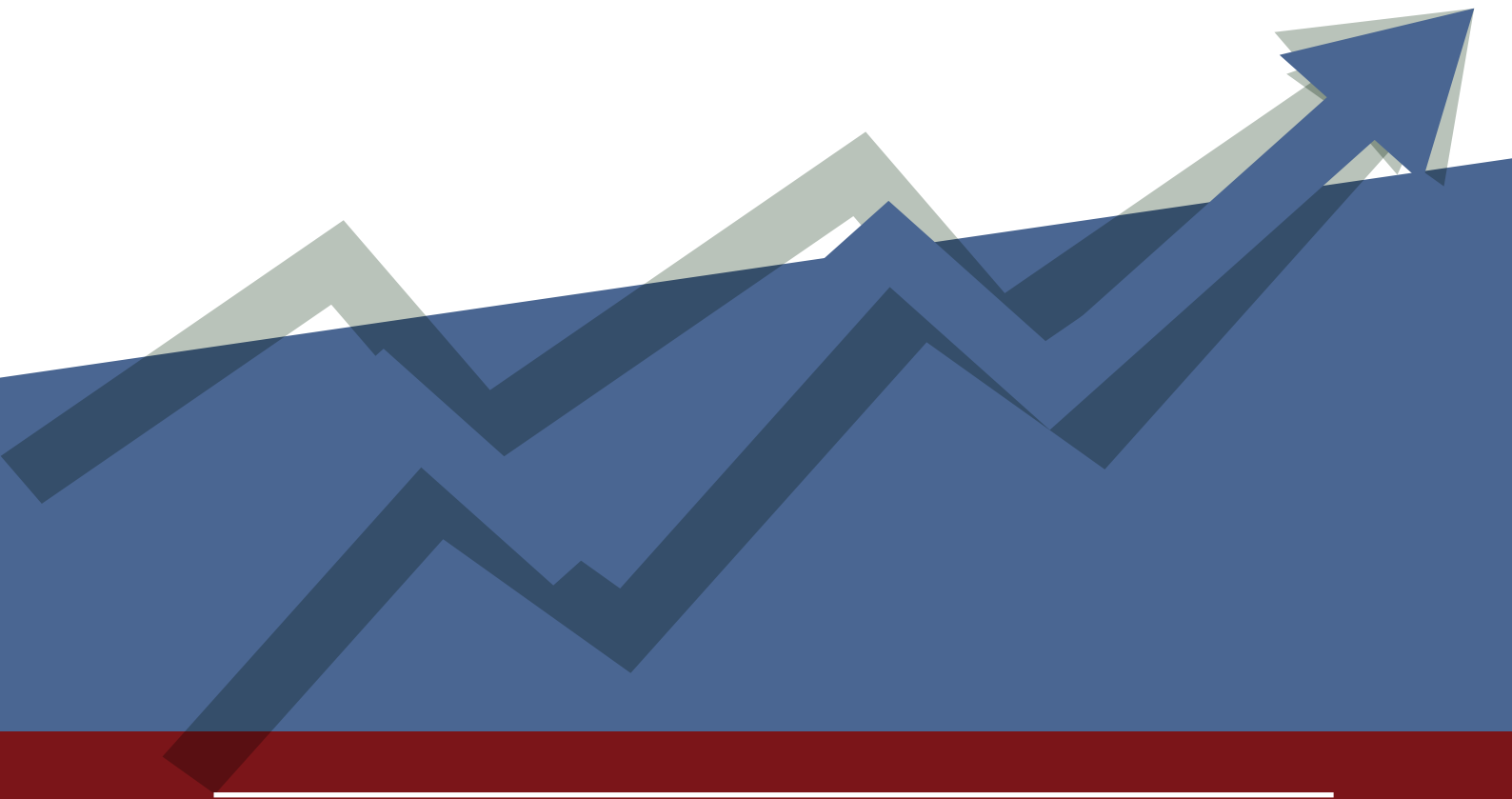




# TRADE SMARTER WITH JUST LINES



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**THE ULTIMATE NEWBIE FRIENDLY GUIDE  
TO PRICE ACTION STRATEGY WITHOUT MEMORIZING  
A SINGLE PATTERN OR USING LOTS OF INDICATORS**

*BY CRISTINA ORLINA*

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This eBook is not prescribing my way as the only method and right way to trade and invest in the Philippine Stock market. This is simply a sharing of my personal and individual journey through the years. I acknowledge that learning is a lifetime pursuit and some information may have changed as of this writing.

# ABOUT THE AUTHOR

I'm happy that you're here.

You may have found this guide through a friend, or through my website, either way, I am glad you are here.

This guide is for all newbie traders out there, young and old. You're doing great, continue discovering.

I am not a financial advisor.

I created this guide so that newbie traders can learn how to read price actions in the market. By discovering how to read price action, you can improve your buy entries, minimize your risk and improve your overall trading performance.

Stocks Academy and this guide is my way of giving back, sa lahat ng magandang nangyari sa buhay ko.

This guide is foundational and is not a system or get-rich-quick scheme.

To all my subscribers, followers and friends, old and new - salamat sa walang sawang suporta. My hope is that this guide can repay you for all the time and attention you have given me.

I am rooting for your success,

*Cristina*



# YOU MIGHT BE WONDERING

## Ano ang price action trading?



Price action trading relies on historical prices (open, high, low, and close) helping you make better trading decisions.

Trading with indicators, oscillators, or fundamentals will give you what you think you should do but price action tells you what the market is doing.

This is not the Ultimate Trading System pero kung bibigyan mo ng time na pag-aralan ito magiging mas malinis ang charts na tinitingnan mo at mas maayos na ang point of entry at exit ng trades mo.

Here's what you'll discover:

- See how you can easily plot Support and Resistance.
- The unspoken ways the market moves that institutions don't want to tell you.
- Candlestick Patterns Secrets — How to plan your trading entries with confidence.
- Surprisingly effective way to understand any candlestick pattern without memorizing a single one.
- A simple Price Action Trading system anyone can learn

Do you have what it takes?

Okay, then let's start...

# SEE HOW YOU CAN EASILY PLOT SUPPORT AND RESISTANCE

**As a first step, let's review what Support and Resistance are.**

**Support** – A horizontal area in your chart where buyers are expected to push the price higher. The area acts as a floor by preventing the price from being pushed downward.

**Resistance** – A horizontal area on your chart where you can expect sellers to push the price lower. The area acts as a ceiling by preventing the price from being pushed upward.



Fig 1-1. SM Prime Holdings, Inc (SMPH) Daily Chart 2019



Fig 1-2. Intl Container Terminal Services, Inc (ICT) Daily Chart 2017



Fig 1-3. BDO Unibank, Inc. (BDO) Daily Chart 2018

Support and Resistance can also swap roles.

Meaning when a Support breaks it can become Resistance. And when Resistance breaks it can become Support.

Just like this one...

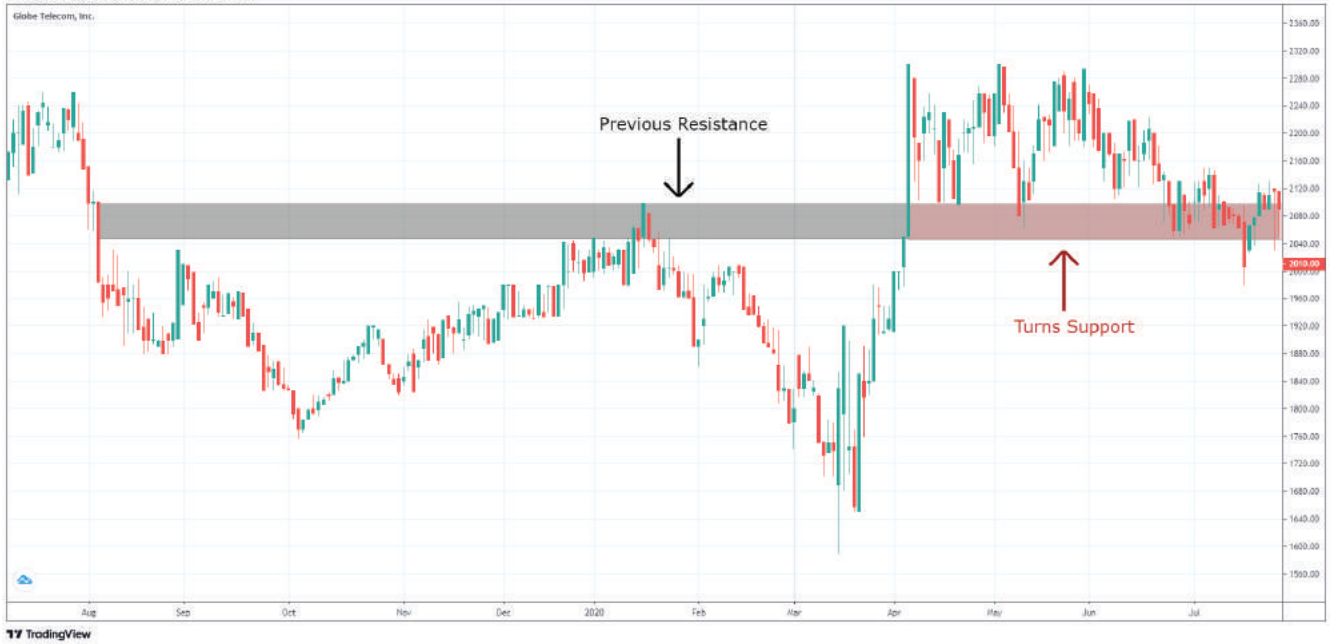


Fig 1-4. Globe Telecom, Inc (GLO) Daily Chart 2019-2020



Fig 1-5. DMCI Holdings, Inc (DMC) Daily Chart 2020-2021

# DO I JUST DRAW HORIZONTAL LINES ON MY CHARTS?

That's a good question.

So, here are the parameters I use...

1. Zoom out your charts (at least the 10 year view for me)
2. Draw horizontal lines on most obvious levels
3. Adjust your levels to get the most number of candle touches
4. Zoom back in to 1 year view.



Fig 1-6. DMCI Holdings, Inc (DMC) 10 Year Chart 2010-2020





Fig 1-7. DMCI Holdings, Inc (DMC) 10 Year Chart 2010-2020 Plotted most obvious levels where most numbers of candle touches are seen.



Fig 1-8. DMCI Holdings, Inc (DMC) Daily Chart 2020-2021 Zoom back into 1-year view. Looking at this chart, I will not buy any shares yet as it continues to break down support levels. There is no sign of reversal yet.

# DYNAMIC SUPPORT AND RESISTANCE

The price does not move in a straight line so support and resistance do not always have to be horizontal lines.

In a strong trending market, the basic horizontal line won't work well. That's why you need to use dynamic support and resistance.

What does that mean?

It means Support and Resistance move together with the price instead of being on a static horizontal line.

For example:

The 50-period Moving Average can act as dynamic Support in strong trending market...



Fig 1-9. DMCI Holdings, Inc (DMC) Daily Chart 2020-2021 Using the same example earlier we can see that 50 MA is acting as a dynamic resistance where the price is having a hard time going above 50 MA.



Fig 1-10. Wilcon Depot, Inc (WLCON) Daily Chart 2019 In this example the 50 MA is acting as dynamic support where price recovers when it nears the 50 MA.

**TIP:**

YOU CAN ALSO USE A **SHORTER** TIMEFRAME FOR MA LIKE 20 MA. 50 MA IS CONSIDERED A **MEDIUM** TIMEFRAME AND 100 MA AS A **LONGER** TIME.

# THE UNSPOKEN WAYS THE MARKET MOVES

**The markets are always changing. For sure narealize mo na ito ngayon.**

It can be uptrending, downtrending, ranging sideways, high volatility etc.

If we look at the big picture, you'd realize the market tends to be moving in 4 stages...

1. Accumulation
2. Advancing
3. Distribution
4. Declining

Let me explain...

## **STAGE 1: THE ACCUMULATION**

Makatapos ang mahabang downtrend, mga 5 months or more wala nang gana ang mga traders na bumili. What happens here is that the public loses interest, while big institutions are buying quietly.

In accumulation, you will see price consolidating sideways and going nowhere. This is not a random event. This happens because while you and I are selling, big funds are catching the price from dropping.

After the public noticed that the price is not going down any further, they think that the price has hit the bottom already and started to create a bullish sentiment. At this time, the big institutions already accumulated a huge amount of shares.

Pasok stage 2...



## STAGE 2: THE MARK UP

This is the advancing stage where the price starts creating ladders called higher highs and higher lows. This happens when the price breaks out of resistance.

When fear starts to quiet down, like a piece of great fundamental news pops out of nowhere also sometimes good earnings, news about dividends and half hearted sellers change their minds, price starts to break out of the accumulation and starts an uptrend.

Positivity attracts positivity. Bullishness calls forth bullishness and you start seeing social media portfolio snaps of gains after gains attracting the public to buy.

Panic buying happens.

At dahil hindi lang puso ang napapagod, pati stock price. Then Stage 3 happens...



## STAGE 3: THE DISTRIBUTION

Whew! Now that everybody is buying, guess who's selling?

Uh-huh! The big institutions who bought during accumulation. This usually happens after 5 months of continuous uptrend.

Big funds are slowly selling their shares, while the public keeps on buying making the price go into limbo. The price doesn't seem to be moving anywhere.

After some time, when the excitement dies down and the public realizes that it's not going up any further they start to doubt.

Eventually, the tide is turned and the support gets broken.

Pasok stage 4...



## STAGE 4: THE MARK DOWN

This is the declining stage where the price starts creating ladders called lower highs and lower lows. This happens when the price breaks the support.

When excitement starts to quiet down, like a piece of bad fundamental news pops out of nowhere, sometimes bad earnings and half-hearted buyers change their minds, price starts to break down of the distribution and starts a downtrend.

Naririnig mo ba yung mga nagsasabi na naiwan sila sa tuktok? Well, ito yon.

At this point, the big institutions are no longer buying. The public starts to panic sell and the whole new cycle begins again.



## WHY AM I TELLING YOU THIS?

The point is not to make us look like we've been outsmarted by the big institutions.

The stock market is a battlefield. Pumasok tayo lahat dito para kumita ng pera. The big fund owners are not bad, they're like us also trying to manage their portfolio and make money.

Now, if you recognize the current stage of the market condition you can adapt and plan your trades.

How?

If the market is in the advancing stage, you would want to be the buyer and not the seller.

Or..

If the market is in the distribution phase, you know that there's a possibility of a downside if the price breaks down of its support.

And if you understand this, you will never be lost again.



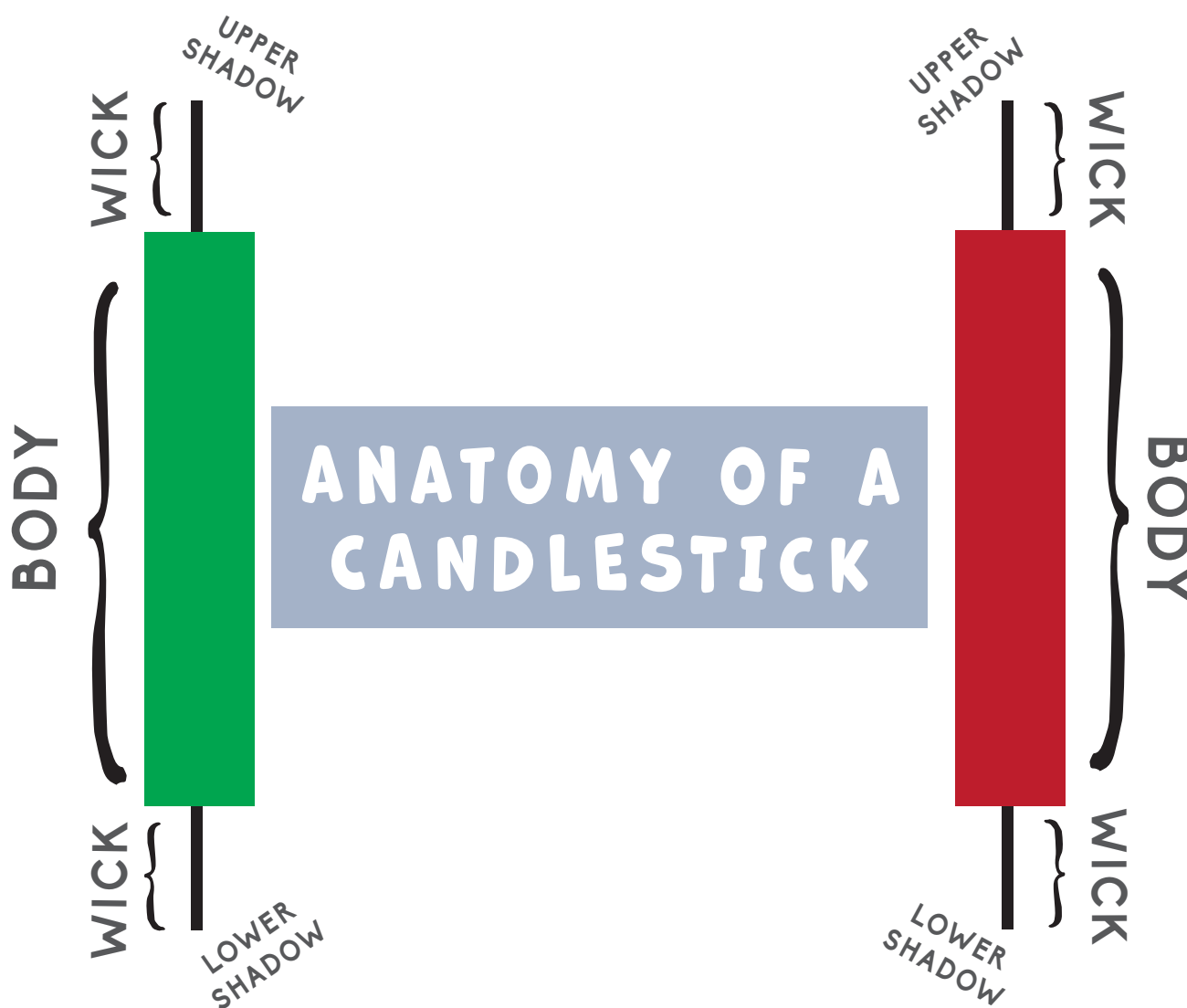
# CANDLESTICK PATTERN SECRETS

At this point, alam mo na ang big picture ng price action trading.

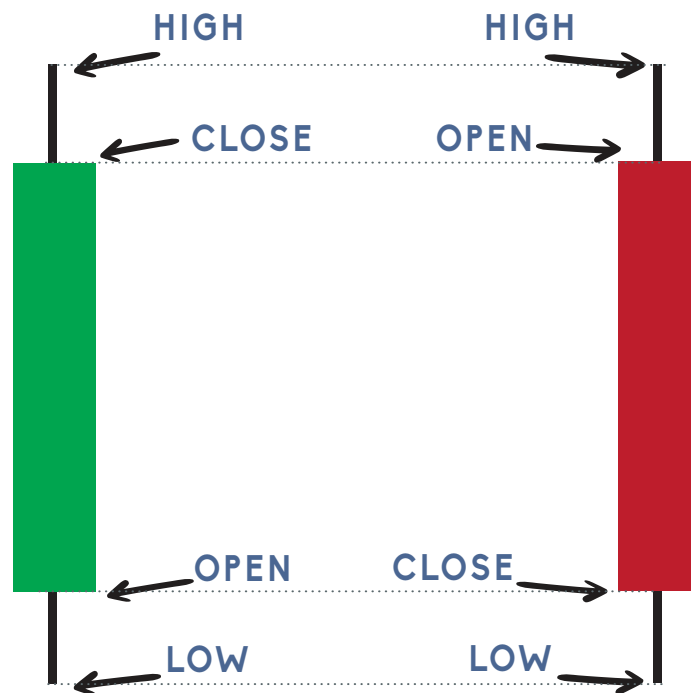
You already know how to enter better trades because of your understanding of support and resistance.

You also know what to do with knowing different market conditions.

One more part of the puzzle is to know when to enter a trade, and that's how candlestick patterns can help you.

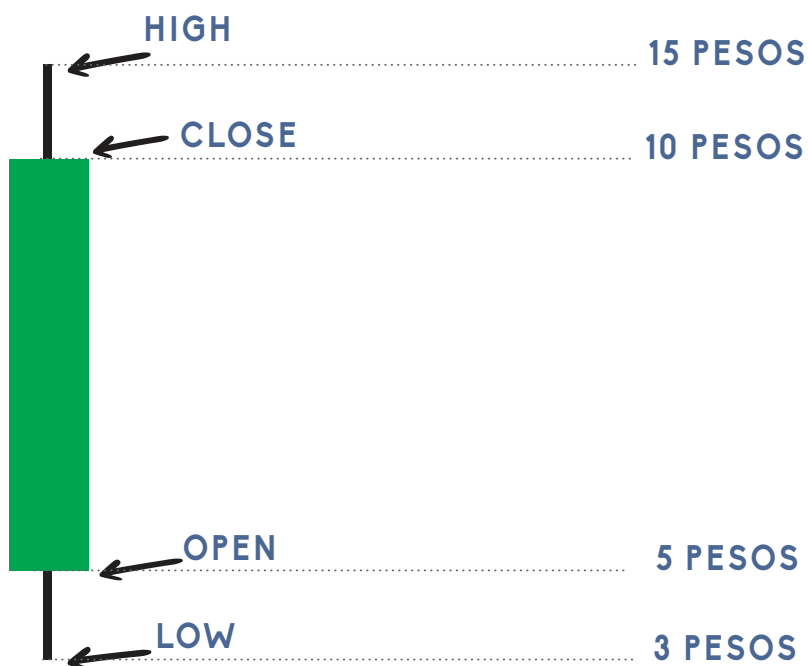


The body and the color depends on the opening price and closing price movement.



Let's put a price example so you understand it better.

Kunwari nag-open ang price ng stock to 5 pesos then after one hour bumaba ng 3 pesos, tapos umakyat yung price same day ng 15 pesos and then the price ends the day at 10 pesos. This is how it will look like.

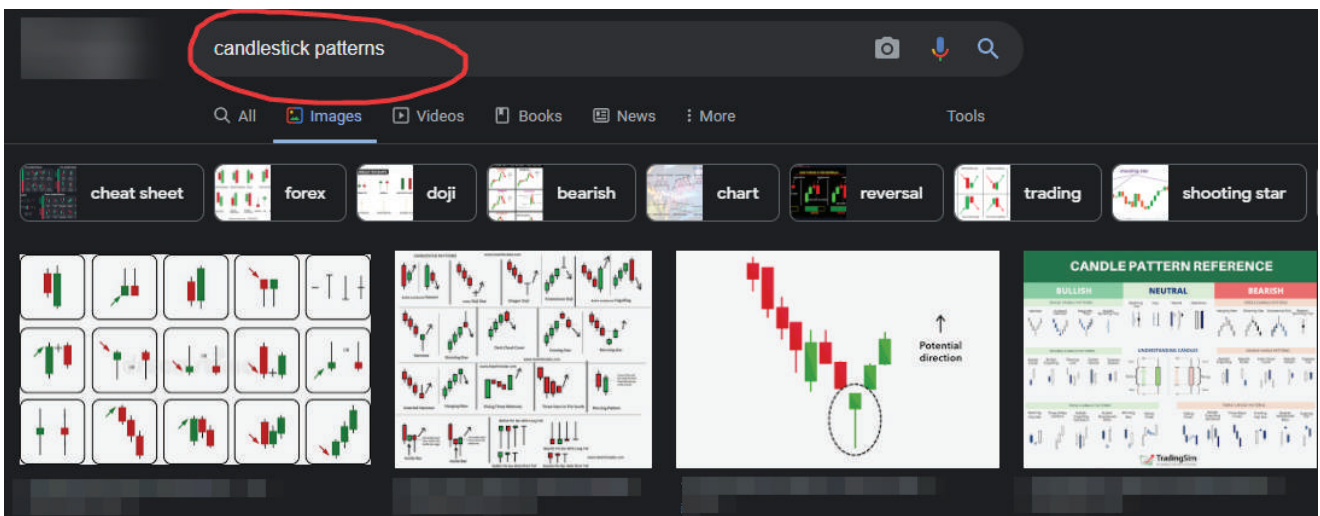


The red candlestick is the opposite scenario of the green but the concept is the same.

# NO NEED TO MEMORIZE

A quick Google search will show you different variations of candlestick patterns. The good news is that you don't need to memorize them all.

Here's how.



**WEAK PRICE  
REJECTION**



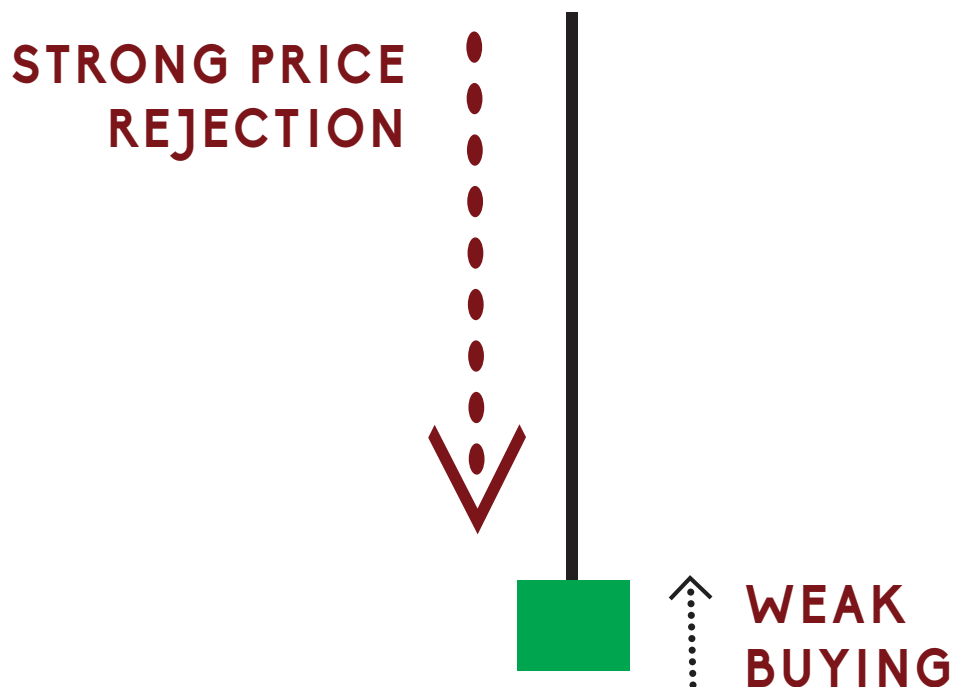
**STRONG  
BUYING**

## POP QUIZ!

In that candle, who do you think is in control?

Yes, buyers! Tinutulak pataas ng buyers ang presyo forming a large green candle. Mayroon konting price rejection sa taas but it only formed a small wick.

Now, what about this one.



In this candle, who is in control?

Yes, sellers! Tinutulak pababa ng sellers ang presyo forming a large wick. Mayroon konting price push ng buyers sa baba but it only formed a small body.

Now, let's combine all that we've learned.

# SIMPLE PRICE ACTION TRADING SYSTEM ANYONE CAN LEARN

At this point:

You've learned the essentials of Price Action Trading (Support & Resistance, Market Structure, and Candlesticks).

Now, let's combine that newly acquired knowledge to find high probability trading setups — consistently and profitably.

Introducing to you, The M.L.T. Trading Formula, a proprietary trading technique I've developed to get results, fast.

Here's how it works...

1. Market Phase
2. Line Plotting
3. Trade Entry

Here's how it works...

## **#1 IDENTIFY THE MARKET PHASE**

The most difficult question ever. Should you buy, sell, hold or avoid?

That's why the first thing to do is identify the market phase as it tells you what to do.

So ask yourself: "Is the market in an uptrend, downtrend, or sideways?"

If the market is in an uptrend, you look to buy only. If the market is in a downtrend, stay away and wait for a reversal.

Next...

## **#2 PLOT AREAS OF SUPPORT AND RESISTANCES**

It's not enough to just identify the market phase because you also need to know where to enter your trade.

"Ang damping possibilities to enter a trade? Which one should I choose?"

Well, you want to trade from an area of value so you can buy low and sell high. And the technique is to follow the strategy on page 8.

For example:

- Horizontal Line Support and Resistance
- Dynamic Support and Resistance using 50MA

Next...

## **#3 ENTER THE TRADE ON REVERSAL (SUPPORT) OR BREAKOUT (RESISTANCE)**

At this point:

You know what to do (identify market phase ) and where to enter (area of value).

Now the final part of the equation is to know when to click that buy button.

Personally, I like to enter when the market has shown signals of breakout — thus confirming my bias for an uptrend.

Let me share with you a few examples of The M.L.T. Formula in action...

# GLOBE DAILY: MARKET PHASE



# GLOBE DAILY: LINE PLOTTING



# GLOBE DAILY: TRADE ENTRY TRIGGER



# GLOBE DAILY: SELL ON RESISTANCE





# GLOBE DAILY: OR SELL ON DYNAMIC RESISTANCE



CAN YOU SEE HOW EVERYTHING  
FITS TOGETHER NOW?

**TIP:**

AND WHY YOU **DON'T NEED** TO  
USE A LOT OF INDICATORS  
NOR MEMORIZE CANDLE PATTERNS?

# FINAL WORDS FROM CRISTINA

Congratulations!

You now have the price action trading spirit in you. I have provided you with the knowledge to take the information and apply it to your next trade.

## HOW MUCH YOU SUCCEED IS UP TO YOU

The stock market doesn't care about your educational background, your IQ, or your last merit standing at work.

You can be a first-class honors graduate or a school dropout, but if you fail to follow the rules of the market, if you fail to follow the process, the stock market will take your money, regardless of your status and background.

But if you follow the process, then how much you can make is entirely up to you.

## NO RUSH, IT'S A SKILL

Have you heard the saying that Rome was not built in one day? Kung di ka makarelate ganito na lang. Ilang years ka nag-aral ng elementary, high school, college? Yung K to 12 ilang years?.

You need to be willing to put in time and effort to be proficient at this. Ako? I'm still learning and sharpening my saw. Madaming lessons ang tinuturo ng market and every mistake you learn is a step closer to profitable trading.

This is a lifetime skill. zJust focus on doing the right things one step at a time. Some take 10 years before being profitable whereas some never figure it out and eventually give up.

# THANK YOU SO MUCH!

I hope you've enjoyed this guide as much as I loved writing it for you.

Maraming salamat sa patuloy na pagsuporta sa Juan for the Money at Stocks Academy.

All the best,

*Cristina*

